

Clear Lake Trowel & Trellis Garden Club



Clear Lake Trowel & Trellis Garden Club (CLTTGC) is a member of Mendo-Lake District Garden Clubs, California Garden Clubs Inc. (CGCI) and the National Garden Clubs Inc. (NGCI). We were founded on September 21, 1955, by five women who wished to create and promote interest in amateur gardening in Lake County.

October, 2017
Issue 2



2017-18 Officers:

President:

Dana Benjamin

Vice President:

Debra Watson

Maureen Braiser

Treasurer:

Nora Gerrard

Sue Stiles

Secretary:

Kathy Steinberg

Parliamentarian:

Nancy Benkelman

Sep	Pears
Oct	Pumpkins
Nov	Persimmons
Dec.	Walnuts
Jan	Apples
Feb	Olives, Olive Oil
Mar	Honey
Apr	Grapes, Wine
May	Flowers
Jun	Strawberries

See us on Facebook



THYME WITH PRESIDENT DANA

October is the month of pumpkins and Halloween! When we think of October and Fall we automatically think pumpkins, which are ripening for pumpkin carving and pie making. Halloween hales in the string of holidays that will follow for the rest of 2017. Halloween is one of my favorite holidays because there are no expectations.

Pumpkins are one of the most colorful and multi-useful fruits that are grown in Lake County. This delightful and fun fruit is a member of genus Cucurbita and is thought to have originated in South America. This fruit is related to squash, gourds, and melons. Pumpkins come in many different varieties and for Halloween, "Atlantic Giant" is a good choice for your garden. For that Pumpkin Pie, "Small Sugar" is the pumpkin to grow. For decorations, use "Jack Be Little" and your table will pop with color and outshine all others!

Pumpkins need a lot of room to grow, with rich soil and lots of water. If you are growing that giant pumpkin for your festive holidays make sure you fertilize regularly. Always keep leaves dry when watering as this will prevent leaf disease. It is wise to shove a shingle or cardboard under the pumpkins to keep them dry and free of rot. It takes from 90 to 120 days to grow pumpkins and it is fun to have many different varieties as well as various colors in your garden. Pumpkins are best harvested after the first frost after the plant dies back.

Once established, pumpkins grow at a very rapid rate and this is why we think of magic, when pumpkins are in the garden! Pumpkins were first carved and lit up with candles in early days to frighten away evil spirits. This tradition has caught on and we still carve away every October.

I hope your October gardening and holiday, Halloween, are one of the best! I have included a recipe for Pumpkin Ravioli's, a family tradition!

Dana DiRicco-Benjamin President



Bibliography:
Sunset Western
Garden Book

OCTOBER HOSTESSES:

Sue Gardner-Neumann
Diane Neilson
Helen Turley



SUNSHINE REPORT

by Ann Blue

Ann Blue — Bob (husband) passed.
June Dye — John (son) seriously ill.
Jo Shaul — moved to Ukiah.

Since Ann is grieving at this time, please let these members know they are in your thoughts.



WELCOME

YEARBOOK CORRECTION: Sadly, Julie's info was overlooked when the Yearbook went to print. Everyone should have received an email from Kathleen for both:

Julie Pimentel and Theresa Contos
(Teresa is a new member of Upper Lake)



Green Thumbs Up

Mary Secord keeps up our tradition of sharing plants from our own yards. Mary brought irises that she dug up and trimmed. They looked very healthy.



2017-2018 Yearbooks are available! See *Evy Escalante* for your copy. They all look the same, so be sure to write your name on your copy.



SWAP TABLE: Leanne has set up a table for us to bring items to trade. Any donations to the club are gladly accepted, but optional.

STATE AWARDS: First Place for our Yearbook, Third Place for our Press book and we were awarded the Blue Ribbon Certificate of Achievement.



Green Thumbs Up



To *Joyce Porterfield* for the Penny Pines Fact Sheet handout. Our club contributes to practical conservation in National Forests.



GROWN LOCAL
Late County

LEONARDIS ORGANICS
Jim Leonardis
707-483-4004
707-263-5524
jimleonardis@gmail.com



**HARTLEY CEMETERY MEMORIAL GARDEN
CIVIC BEAUTIFICATION**

Oh my, this is over whelming, look at all the weeds, we need machine powered tools - these were just some of our comments when we arrived at Hartley Cemetery Memorial Garden. BUT thanks to many hands, when we left the garden looked oh so much better. That is thanks to Mary Secord, Cherie Lowe, Linda Waterstraat, Kathy Steinburg, Susan Buckles, Linda Pyers, Helaine Christensen, & myself. We were interviewed by Tammy from Record Bee who was doing a story about the cemetery. Can't leave out break time - thanks to Cherie for muffins and to Claire for banana nut bread. We had a table with table cloth, water & plates/napkins. There was a "thank you for helping" drawing. Kathy won a pair of clippers and Cherie won a set of 3 garden tools.

Chairman Claire Grieve



**Mendo Lake
District Meeting**

DIGGING DOG NURSERY:

Hi! The date for the guided Digging Dog Nursery guided tour has changed.

The event will NOT be on Sept 24.

The NEW date is Sat, Oct 7 at 2 PM.

If you haven't been to Digging Dog Nursery, and especially to one of these guided walks through their world class gardens, you need to, really! Unbelievably gorgeous, and the speaker knows each plant intimately. Perhaps the coolest thing of all, though, is that one is able to see these shrubs and perennials (many quite rare and unusual) fully established in a professional landscaped setting with other plants, and then all are available as very small plants for sale in their big greenhouses for a few dollars each!

If you would like to add your name to the car pool list, would you e-mail me? This will be a full day trip; we will probably leave Lakeport around 10 AM, either bringing a brown bag lunch or stopping at the fantastic little country store in Boonville for sandwiches if any interest in doing that. Then, a stop at a winery or along the coastline to eat our lunch before the tour.

We would probably plan to be back in Lakeport about 6. Hope we can put this together this year! Have a great day-*Debra*



THE TINIEST TERRORS: VIRUSES:

BACKYARD PROBLEM SOLVER, JERRY BAKER

Do you know what it looks like when plants get the flu? Plants infected with viruses don't sneeze or suffer stopped-up noses. Instead, new growth becomes distorted, leaves show odd textures and colors, and plants that are supposed to grow tall look short and stunted.

Unlike fungi, viruses can't blow around in the wind or be carried from place to place in droplets of rainwater. They must have a live host, usually an insect which spreads the virus from plant to plant as it feeds. Leafhoppers, aphids, and thrips are the usual culprits, and it takes only one little bite to infect a susceptible plant with a virus.

Chrysanthemum aphids are a tough little breed. They are poised to do some serious damage to the pretty fall flowers you've been waiting for all summer. Use a pyrethrin-bases insecticide to knock them out.

“Bounty of the County” Recipes

PUMPKIN MUFFINS *Dana DiRicco-Benjamin*

400 Degrees

12 – 15 Minutes

Makes Approximately 14 Cupcakes

½ C Butter (1 C applesauce can be substituted)

¾ C Dark Brown Sugar

1/3 C Molasses

1 Egg Beaten

1 C Canned Pumpkin (or Roast a fresh pumpkin and process)

1 ½ C Flour

¼ C Quaker Oats

¼ t salt

1 T Baking Soda

1 ½ T Ground Cinnamon

1 T Nutmeg

1 T Ground Ginger (dried candies ginger can be substituted)

¼ C Currants or Raisins

Raw Sugar (for topping)



Add eggs, Quaker Oats & Pumpkin; Sift flour, salt, Baking Soda, Cinnamon, Nutmeg, & Ginger; Fold in raisins and currants. Spoon into cupcake papers ¾ full. Sprinkle top with raw sugar and Quaker Oats. Bake.

Please send recipes

“Bounty of the County”

See list on front page



PUMPKIN PIE SPICE

Linda Pyers

1 tsp ground cinnamon

1/2 tsp ground allspice

1/2 tsp ground ginger

1/4 tsp ground nutmeg

PEAR CUSTARD PIE

Nancy Benkelman

4 pears— peeled, cored and cut into 1/8's

Juice of a 1/2 lemon

1 tsp vanilla

1 cup sugar

1/4 cup flour

3 eggs

1/4 cup butter or margarine

1 9”-pie crust — uncooked (store bought, Pillsbury brand is a good one)

1) Preheat oven to 350 degrees

2) Brush pear slices with lemon juice

3) Melt butter and set aside — let it cool off enough so it won't cook the eggs.

4) Blend eggs — don't beat!

In a bowl, create custard: combine sugar, flour, eggs, butter, and vanilla. Stir until blended.

Pour into pie shell. Arrange pear sliced on top of custard — push them in a little. Bake 45 minutes or until custard is firm — check occasionally to see if foil is needed to prevent burning. Cool.



Shredded Butternut Squash with Dates and Pistachios

1 medium butternut squash (1 ½ pounds)

2 medium shallots

1/3 cup shelled natural pistachios

3 large dates

2 tablespoons vegetable oil

Kosher salt

4 large mint leaves

1 to 1 ½ tablespoons fresh lemon juice

Cayenne pepper

Peel the butternut squash and cut it into pieces that will fit into the feed tube of a food processor. Fit the processor with the coarse shredding disc and shred the squash (about 3 ½ cups). Finely chop the shallots (about 1/3 cups); coarsely chop the pistachios (about 1/3 cup); and pit & coarsely chop the dates (about ¼ cup).

Heat the vegetable oil in a large skillet over medium heat until hot. Add the shallots and cook for 1 minute, stirring. Add the butternut squash and a hefty pinch of salt, turn up the heat to medium-high, and cook for 3 minutes, stirring, until the squash is tender. The mixture will become soft, like a puree. Shred the mint (about 2 teaspoons). Stir in the pistachios, dates, mint, and lemon juice. Add salt and cayenne to taste.



* "MUM'S MAGIC #10" Friday, November 3, 2017 at the
* Lakeport Yacht Club. This will be our "Perfect Ten"
* after nine happy years of KABATIN REDBUD ARRANG-
* ERS Showtime.

Looking for Flower Arrangers to display their talents.

Email Shirley Estrem, as soon as you can, with the style of all your arrangement, even if you end up not bringing all of them. Please don't leave it to the last.



Quick reminder for mum growers. The need to disbud your mums may be upon you. I started yesterday.

"Disbudding" means to keep the biggest middle bud and take away all the little ones around it so you'll have big blooms. So, it's like thinning your pear or apple tree's multiple fruit on one branch, so you get the big fruit instead of a bunch of little pieces of fruit.

Also, a check for aphids is a good thing to do now... I was surprised when I went out to look yesterday and there were the voracious little creatures chomping away... *Leanne Harvey*



DRAWING FOR MAGNOLIA WREATH:



For each garden club member who creates and enters a floral arrangement in our Mum Show on November 3, your name will be put in a drawing to win a magnolia wreath that *Claire Grieve* will make. So, start planning your design, let's make this our 10th mum show a fun one with lots of arrangements. Theme: "Mum's Magic #10"
Kathleen Steinberg

Photo of wreath Claire entered in Lake Co Fair - you can hang it or use as table center piece.



LAKE KABATIN REDBUD ARRANGERS:

Tuesday, October 10th, 1:30pm
St John's Episcopal Church

Theme:

Botanical Design (features fresh plant material—no dried plant material is permitted)

(See complete details and definitions in our booklet.)



2018 Vision Of Beauty Calendars
2017 Handbook for Flower Shows

Order from the NGC Shop
www.shopgardenclub.org

Congratulations! **Barbara Swanson** will be receiving the 2017 Handbook for Flower Shows to share with the Lake Kabatin Redbud Arrangers .



LOOKING FOR YOUR LIST OF CATALOGUES THAT YOU ESPECIALLY LIKE. I WILL PRINT THE LIST IN DECEMBER. MANY MEMBERS ENJOY LOOKING AT THE CATALOGUES AND ARE EAGER TO ORDER NEW VARIETIES OF VEGETABLE AND FLOWERS. THANKS FOR YOUR HELP.

Linda Pyers, Editor



Garden Therapy with Michelle

Clear Lake Trowel & Trellis Garden Club

www.clttgc.org

Return mail: President Dana DiRicco-Benjamin
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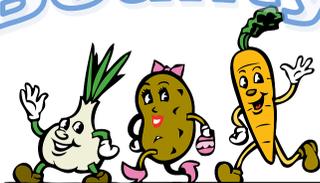


The club meets at 12:00 pm
on the 3rd Tuesday of the month.
Scott's Valley Women's Club House
2298 Hendricks Road in Lakeport

Garden Club Affiliates

- **National Garden Clubs, Inc.**
(www.gardenclub.org)
- **Pacific Region**
(www.pacificregiongardenclubs.org)
- **California Garden Club, Inc.**
(www.californiagardenclubs.org)
- **Mendo-Lake District Garden Club**
(www.mendolakedistrict.org)
District Director: Kitty Loberg
Assistant Director: Ginabelle Smith

"Bounty of the County"



Forget-me-nots



October

- 7 **DIGGING DOG NURSERY, Music & Garden Tour**
See page 3 for details
- 12 **LKRA 'Botanical Design'**
(Tues) 1:30pm, St Johns Episcopal Church
1190 N Forbes St, Lakeport
- 17 **MEETING**
12 NOON Social/Refreshment Time
12:30pm Program/ Speaker: **Board members- Bird Seed Ornaments**
1:00pm "Flower Roll Call"
1:30pm Business Meeting

Deadline for newsletter is the fourth Tuesday of the month (following meeting date).

2017-2018 YEARBOOK: Check it out!

Page 18: explains Penny Pine Plantation information and see the list of member that have been awarded this honor.

Page 19: gives a little history of our Civic Beautification Projects

