

# Clear Lake Trowel & Trellis Garden Club



Clear Lake Trowel & Trellis Garden Club (CLTTGC) is a member of Mendo-Lake District Garden Clubs, California Garden Clubs Inc (CGCI) and the National Garden Clubs Inc (NGCI). We were founded on September 21, 1955, by five women who wished to create and promote interest in amateur gardening in Lake County.

January, 2015  
Vol. 1, Issue 5



## 2014-15 Officers:

**President:**

**Marva Brandt**

**Vice President:**

**Susan Buckles &  
Debra Watson**

**Treasurer:**

**Helen Turley**

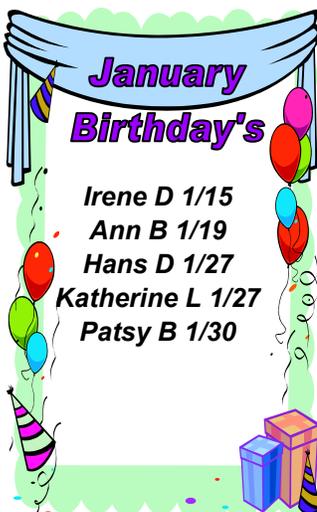
**Secretary:**

**Michelle Wisler**

**Parliamentarian:**

**Ginny Cline**

[www.clttgc.org](http://www.clttgc.org)  
See us on Face-



THYME with Marva Brandt



A HAPPY  
NEW YEAR



## DECEMBER HOSTESSES:

Gladdy Bransford  
Betty Atwood-Reyna  
Carol Brabrook



### ELY STAGE STOP & COUNTY MUSEUM



Picture courtesy  
of Jack Southwick



## Green Thumbs Up

Jerry Shaul had a Work Party out planting daffodils in November (**Carolyn Michaels, Jay & Barbara Swanson, Susan Buckles, Jo & Jerry Shaul**). Many commented that they enjoyed seeing the first planting in bloom - so this spring should be a spectacular display of color.



*Congratulations to Debra O'Dell on her recent marriage. We all wish you great joy & happiness.*



We collected a total of \$242 at the luncheon. It was reported that some members made contributions directly to **Freedom House**.

One of the items on the wish list is a lilac bush which will be added to others in the garden. The shopping trip has yet to take place, but a full report of items purchased will be given at the January meeting. Once again, our generous members have come through for those less fortunate. Thank you.

*Linda Waterstraat*

## January Speaker...JoAnn Saccato

JoAnn is a native of Lake County, a mindfulness teacher, Reiki Master-Teacher, life and spiritual coach. She holds a self-designed Masters Degree in Co-Creating Sustainable Futures from Sonoma State University. She is an author, educator, consultant, inspirational speaker and a founding member of Lake Co-op, California's only cooperatively owned online food ordering and distribution system. She recently authored *Companioning the Sacred Journey: A Guide to Creating a Compassionate Container for Your Spiritual Practice* & teaches *Compassion-based Mindfulness for Stress Reduction, Personal Clarity and Emotional Freedom* courses. We are fortunate to have JoAnn as a speaker and it will be interesting to see how she will weave mindfulness with gardening. *Susan B*



### AND THEN IT IS WINTER

You know. . . time has a way of moving quickly and catching you unaware of the passing years. It seems just yesterday that I was young, just married and embarking on my new life with my mate. Yet in a way, it seems like eons ago, and I wonder where all the years went. I know that I lived them all. I have glimpses of how it was back then and of all my hopes and dreams. But, here it is... the winter of my life and it catches me by surprise...How did I get here so fast? Where did the years go and where did my youth go? I remember well seeing older people through the years and thinking that those older people were years away from me and that winter was so far off that I could not fathom it or imagine fully what it would be like.

But, here it is...my friends are retired and getting grey...they move slower and I see an older person now. So, if you're not in your winter yet...let me remind you, that it will be here faster than you think. So, whatever you would like to accomplish in your life please do it quickly! **Don't put things off too long!**

Life goes by quickly. So, do what you can today, as you can never be sure whether this is your winter or not! You have no promise that you will see all the seasons of your life...so, live for today and say all the things that you want your loved ones to remember...and hope that they appreciate and love you for all the things that you have done for them in all the years past!

"Life" is a gift to you. The way you live your life is your gift to those who come after.



Make it a fantastic one.

**LIVE IT WELL! ENJOY TODAY! DO SOMETHING FUN! BE HAPPY! HAVE A GREAT DAY!**

## Green Thumbs Up



To **Debra O'Dell** for providing a sheltered spot in her heated barn for us to make some personal wreaths.

To **Pam and Bill Held** for setting-up and retrieving and storing the equipment.

To **Susan & Jerry Buckles, Suzanne Russell, Kathleen Steinburg, Gladdy Bransford, Joyce Portfield, Helen Turley, & Carolyn Michaels** for supplying the greens. We had a small turn-out, but each of us made a personal wreath (**Joyce P, Susan B, Helen T, Carolyn M, Kathleen S, and Linda P**). We also placed a wreath at the Blue Star Memorial to Honor our Vets.



## Green Thumbs Up



To **Betty Atwood-Reyna** for making all the arrangements for our Christmas Luncheon and the beautiful favors and candy.

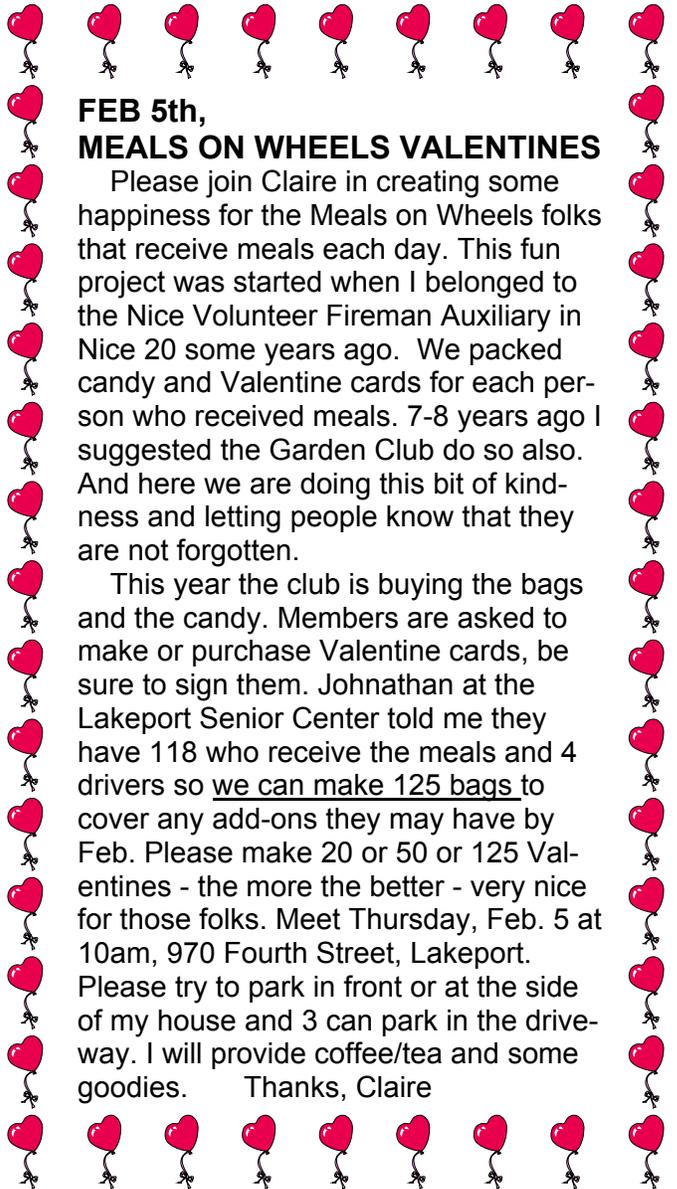
The flower arrangements provided by the **LKRA** were just lovely.

As you can see from the our front page picture, everyone was dressed in festive attire and enjoyed visiting with their table mates.



*FOR 2015, MAY YOU HAVE...*

*12 Months of Happiness  
52 Weeks of Fun and Laughter  
365 Days of Success  
8,760 Hours of Good Health  
525,600 Minutes of Good Fortune  
3,153,600 Seconds of Joy*



## FEB 5th, MEALS ON WHEELS VALENTINES

Please join Claire in creating some happiness for the Meals on Wheels folks that receive meals each day. This fun project was started when I belonged to the Nice Volunteer Fireman Auxiliary in Nice 20 some years ago. We packed candy and Valentine cards for each person who received meals. 7-8 years ago I suggested the Garden Club do so also. And here we are doing this bit of kindness and letting people know that they are not forgotten.

This year the club is buying the bags and the candy. Members are asked to make or purchase Valentine cards, be sure to sign them. Johnathan at the Lakeport Senior Center told me they have 118 who receive the meals and 4 drivers so we can make 125 bags to cover any add-ons they may have by Feb. Please make 20 or 50 or 125 Valentines - the more the better - very nice for those folks. Meet Thursday, Feb. 5 at 10am, 970 Fourth Street, Lakeport. Please try to park in front or at the side of my house and 3 can park in the driveway. I will provide coffee/tea and some goodies. Thanks, Claire



## 2015 SCHOLARSHIPS

The club has budgeted to give 2 - \$500 scholarships this year. In the past they were funded by the profits of selling Christmas Wreaths. This year we are trying something new. The Scholarship will be funded by the profits gained from selling tickets to the Garden Tour in May. Scholarship forms have been sent to Clear Lake High, Kelseyville, Lower Lake, Upper Lake, Middletown High School counselors and Yuba College Clear Lake Campus and Mendocino College- Lakeport. The counselors will distribute the forms to their eligible students. If you need more information, contact Committee Members: Susan Buckles, Joyce Porterfield, Leanne Harvey.

## Clear Lake Trowel & Trellis Garden Club

www.clttgc.org

Return mail: President Marva Brandt

1810 Eastlake Dr

Kelseyville, CA 95451-7011



The club meets at 12:00 pm  
on the 3rd Tuesday of the month.  
Scott's Valley Women's Club House  
2298 Hendricks Road in Lakeport

### Garden Club Affiliates

- **National Garden Clubs, Inc.**  
([www.gardenclub.org](http://www.gardenclub.org))
- **Pacific Region**  
([www.pacificregiongardenclubs.org](http://www.pacificregiongardenclubs.org))
- **California Garden Club, Inc.**  
([www.californiagardenclubs.org](http://www.californiagardenclubs.org))
- **Mendo-Lake District Garden Club**  
([www.mendolakedistrict.org](http://www.mendolakedistrict.org))  
District Director: Rhea Pitchard

# Let's Bloom, Believe and Befriend!



## Forget-me-nots

JANUARY 2015

- 13 **LKRA 'Abstract Dried Arrangement'**  
1:30pm, St Johns Episcopal Church  
1190 N Forbes St, Lakeport
- 19 Redwood Arrangers-Ukiah at 11am
- 20 **Board Meeting** 10am at Club House
- 20 **CLUB MEETING** at Club House  
12:00 noon - Social/Refreshment Time  
12:30pm Program  
JoAnn Saccato, MA  
"How to increase your Gardening  
Pleasure through Mindfulness"  
1:00pm Flower Roll Call  
1:30pm Business Meeting

### Recent Guest Speaker

Marva, Gladdy and Susan went to see Kate Marionchild at Watershed Bookstore after our November meeting. She had a wonderful slideshow and talked about man's relationship with poison oak as well as poison oak's relationship with other organisms. We discovered the roles played by lace lichen--the light green stuff that hangs from trees--and the dark green clumps of oak mistletoe often seen high in hardwood trees. We learned about the concepts "keystone species", "co-evolution", and about the survival of great purple hairstreak butterflies, western bluebirds, wrentits, black-tailed deer, and more. She will be speaking again in Lakeport at the Sierra Club in March.

*Susan Buckles*



*Deadline for newsletter is the fourth Tuesday of the month (The Tuesday following meeting date)*