

Clear Lake Trowel & Trellis Garden Club



Clear Lake Trowel & Trellis Garden Club (CLTTGC) is a member of Mendo-Lake District Garden Clubs, California Garden Clubs Inc (CGCI) and the National Garden Clubs Inc (NGCI). We were founded on September 21, 1955, by five women who wished to create and promote interest in amateur gardening in Lake County.

May, 2014
Vol. 1, Issue 9



2013-14 Officers:

President:

Carol Dobusch

Vice President:

**Marva Brandt &
Susan Buckles**

Treasurer:

Debra Watson

Secretary:

Helen Turley

Parliamentarian:

Jo Shaul



A friend is some-
one who knows
the song in your
heart and can
sing it back to
you when you
have forgotten
the words.



Unknown

DOWN TO EARTH with President Carol



Seems to me that I never make the trip north through the Siskiyou Mountains to Ashland, Oregon, without the title of Irving Stone's to me Men to Match My Mountain running through my mind. Gazing in awe at the majestic mountains before me, I marvel again and again at the courage and determination of the early pioneers and settlers who braved the wilderness and conquered the mountains to bring a new nation to the Pacific.

They were certainly amazing people who did incredible things. However, those early forgers of trails who endured the hardships of dry plains, swollen streams, and perilous snow-filled mountain passes performed feats no more spectacular than do the men (and women) of today who match our mountains by designing and constructing easier, quicker inter-mountain routes, laying intricate communication systems from mountain ridge to ridge, and building immense, mountainside hydro-electric power dams and stations. Even with the advantage of modern technology on our side, the mountains still stand as impressive and formidable as ever.

Metaphorically speaking, I guess we all have 'mountains' to conquer, obstacles to over-come in order to achieve our goals. As gardeners, some of us face some fairly rocky slopes (literally and figuratively). Taming the wilderness that is my garden puts me in an annual conflict which in literature would be termed man (woman) versus nature. And I'm never really sure which of us is going to come out the winner. But the important factor to remember about the pioneers of yesteryear and those who've matched our mountains of today is that their fortitude and determination to succeed matched all obstacles that faced them. Of course, not all obstacles faced can be changed, but in the words of James Baldwin, "Nothing can be changed until it is faced." With that in mind, tomorrow I intend to take up my trusty trowel and transform a section of my 'mountain' into a tiny molehill.

Happy gardening, everyone, and may you all have what it takes to match your 'mountains'.

Create, Enliven, Elevate



MAY HOSTESSES:



Linda Pyers
Carol Michaels
Barbara Swanson



SUNSHINE REPORT by Nancy Benkelman

Guff Worth
Donna Isley
Shirley Estrem
Doris Ellsworth
Tammy Bransford
Jo Shaul



NOTE CHANGE:

Caroline Michael's email is carjac55@att.net

Happy Birthday!

Leslie Jones 5/30

Lemon Pudding Cake- Leanne Harvey

¾ cup sugar
¼ cup sifted all-purpose flour
3 Tablespoons butter, melted
1 teaspoon Lemon zest
¼ cup lemon juice
1 ½ cups milk
3 well beaten egg yolks
3 stiffly beaten egg whites



Combine sugar, dash of salt, and flour. Then stir in melted butter, lemon zest, and lemon juice. Combine milk and beaten egg yolks. Add to mixture. Stir. Fold in beaten egg whites. Pour into a 8x8x2 inch baking pan. Place in larger pan that has one inch of hot water in it. Bake at 350 for 40 minutes or until done.

Light and airy with that lemon taste you love. Magic- Cake floats to the top while baking – the Lemon pudding stays on the bottom. Yummy! Serve warm or chilled. Serves 9



**IN LOVING
MEMORY
MARY ANN
WORTH**



"If you hear a voice within you saying, 'You are not a painter,' then by all means paint....and that voice will be silenced." - Vincent Van Gogh

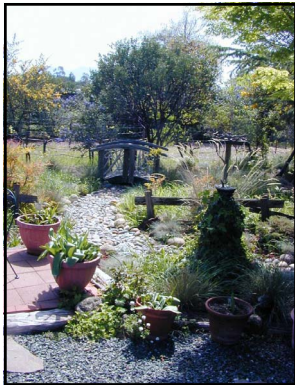
MEET YOUR 2014-15 OFFICERS:

Marva Brandt (President)
Debra Watson / Susan Buckles (VPs)
Helen Turley (Treasurer)
Michelle Wisler (Secretary)

Sonoma County Master Gardener home garden tour... This is a must see if you can go. It is on **June 8th** so mark your calendars. Get on their website... it says it all. ([April in Sonoma - Sonoma County Master Gardeners](#)). Look at the video. ucanr.edu/sites/scmg **Susan Buckles**



If you plan on starting your own vegetable and flower seeds, you can get a little more mileage out of that toilet paper roll. Make yourself a "mini-planter" that you can plant pot and all! Making this biodegradable mini-planter is pretty simple – scissors and a toilet paper or paper towel roll is all that's required. **Helen Turley**



To **Jo and Jerry Shaul's** Yard Tour that was described by members as wonderful, relaxing, peaceful, colorful, fabulous, well-tended, impressive, tranquil, and inspirational. We loved their Shangri-La, the vineyard, quiet little sitting areas, and native garden plants. All their hard labor and many hours of preparation might have gone un-noticed, but *IT DID NOT*. Thank you for the lovely experience.



*I find a country garden
Is the sweetest one of all,
With ragged roses climbing
Along a garden wall.
Forget-me-nots and daisies
All do their own sweet part
To bring a touch of heaven
To a corner of my heart.*

*I find a country garden
Quite the loveliest by far.
It brings a quiet beauty
No matter where you are;
It soothes the tired spirit
and puts the heart at rest.
A quiet country garden
Is by far the loveliest.*

- Carice Williams

Green Thumbs Up



The hardy perennial herb, Lady's mantle (*Alchemilla vulgaris*), is recognized by some gardeners of today as an outstanding ornamental plant. With its round, scalloped green or grayish leaves that sparkle with dew drops and long-lasting airy flowers, Lady's mantle seems the ideal garden plant. However, it is much more than that. The Latin name *Alchemilla* comes from the word "alchemy". Alchemists of old held this plant in high esteem believing that the dew on the leaves might hold the secret to eternal youth. The dew actually appears on the plant leaves at noon in dry weather by the process of guttation.

Lady's mantle is native to Europe but has become naturalized in north-eastern North America. It grows in sun or shade in zones 3-8. The reputation of lady's mantle as a medicinal herb has some scientific basis because tannins give the root and dried leaves an astringent property. However, claims of its efficacy as a remedy for kidney stones, etc. were vastly over-rated.

"It stoppeth bleeding, and also the overmuch flowing of the natural sickness: it keeps downe maidens paps or dugs, and when they be too great or flaggy it maketh them lesser or harder."

Lady's mantle was also prescribed to calm hysterics, relieve vomiting, lighten freckles, and even restore lost virginity. Even though the herb is not fragrant, it was sometimes placed under the pillow to promote sleep.

Today Lady's mantle blossoms are used to enhance both fresh and dried arrangements. Its young leaves can be added to tossed salads as a bitter accent

Nadine Staff, aged 85, offers this list of what she'd do if she had her life to live over again:

I'd dare to make more mistakes next time, I'd relax and I'd limber up. I'd be sillier than I have been this trip, and I'd take fewer things seriously. I'd take more chances; I'd take more trips. I'd climb more mountains and swim more rivers. I'd eat more ice-cream and less beans, and I'd perhaps have more actual problems, but I'd have fewer *Imaginary* ones. You see, I'm one of those people who live sensibly and sanely hour after hour, day after day. Oh, I've had my moments and if I had it to do over again, I'd have more of them. In fact, I'd try to have nothing else. *Just moments*. One after another, instead of living so many years ahead of each day. I've been one of those people who never goes anywhere without a thermometer, a hot water bottle, a raincoat, and a parachute. If I had it to do again, I would travel lighter than I have. If I had my life to live over, I would start going barefoot earlier in the spring and stay that way later in the fall. I'd go to more dances.



I would ride more merry-go-rounds.
I would pick more daisies.

Submitted by Carol Dobusch



Green Thumbs Up



LAKESIDE ARTS GARDEN EVENT

Betty Atwood, Carol Michaels, Debra Watson and Susan Buckles shared some knowledge with the public and sold plants in Lucerne.



Green Thumbs Up



Good turn-out! CLTTGC hosted the CGCI Dist meeting at the Eli Stage Stop & Museum. **Susan Buckles** spoke on behalf of our club, catching the Dist up on our activities (I heard someone say, "I want to be in their club"). **Ann Blue** spoke regarding the re-foresting efforts that are going on. **Jerry Shaul** gave an informative talk & shared examples of native plants. Great Q&A session. Greg Dills (rep for Eli) received \$100 from CLTTGC and this amount will be matched by the Historical Society. Weather was nice, decorations and food treats were well received and a delight to the eyes. *Thumbs-Up* to **all of you that contributed** to make this a great event, and specially thanks to **Susan & Jerry Buckles, Marva Brandt, Caroline Michaels, and Jo Shaul.**



***DUES Payable
at May Meeting!***

According to Master Gardener and novelist Jerry Baker, baby wipes and cotton balls are handy items to have while gardening.

Using baby wipes to rub over the stem and leaf sections of plants affected by scale and mealy bugs will make those sap-sucking pests scam. Also, if your flowering plants have come down with a case of powdery mildew, just wipe the spots away with a baby wipe. Moreover, instead of buying costly baby wipes, you can make your own! (see the recipe at the end of the article) Use baby wipes to wipe away grease, oil, or mystery gunk from tractors, lawn mowers, bikes, cars, boats, etc. without ruining the paint job.

Baby wipes are handy for cleaning up the minor scrapes and scratches that you may incur from over zealous gardening amongst twigs and thorns. (Of course you need to follow up with more thorough cleaning and antiseptic when you are finished for the day.) Finally, baby wipes provide quick cleansing for dirty hands and knees, etc., or a short -term soother for mild sunburns. Gently sliding a baby wipe over your burning skin provides quick but temporary relief.

Cotton balls are also amazingly useful. If your cats like to munch on the leaves of your indoor plants, protect your plants and possibly the life of your cat(s) by saturating cotton balls with lemon-oil furniture polish, and set them on top of the soil in the pots. Use one ball for a small to medium plant, and two or three for large ones. Another cotton ball trick is useful in discouraging deer. As we all know, there are many deer deterring tips, and chances are that because deer quickly get used to anything that they encounter day after day, some tips may work some of the time - but no tip will work all of the time. Hence, it's vital to change your tactics frequently. Try this one: Saturate cotton balls with peppermint oil, stuff them into old panty hose feet, and hang them in your garden on trees or branches. Half a dozen balls per foot should work. Water in the form of rain or sprinklers will wash away the scent, so before you hang up your scented "feet" tie each one closed then put each into a plastic flower pot, pull the string through the drainage hole, and tie into a loop. Hang in a bush or tree. Providing that you keep them dry, the repellent cotton balls could keep their odor for about a year.

Another interesting tip is to use them to irradiate deer ticks. Because Lyme disease is a problem in some areas, it's important to use little deer mice that carry the ticks to fight the problem. Simply soak the cotton balls in a pet shampoo that contains permethrin - a potent flea and tick killer- and push the balls into to an empty toilet paper tube.

Set your half dozen or more tubes in brushy or sheltered spots where deer mice are likely to find them. The mice will take the fluffy cotton to their home to line their nests...and voila' disease-spreading ticks will be goners. NOTE: Sadly, the remedy will not work on dog-tick problems because those are different kinds of ticks...and only rodents carry the deer ticks.

Finally, you can repel raccoons and squirrels from raiding your bird feeders by preparing your cotton-ball & peppermint-oil deterrents & hanging them from your bird feeders or from anywhere else you want the little furry rascals to avoid.

RECIPE FOR HOMEMADE BABY WIPES:

- 1 roll of soft, absorbent paper towel
(premium brands = best buy)
- 1 tall container with tight-fitting lid
- 2 tbsp. of baby oil
- 2 tbsp. of liquid baby bath soap
- 2 cups water

Cut the roll of paper towels in half with a serrated knife, and remove the cardboard tube. Place half of the roll, on end, in the plastic container. Mix the liquid ingredients, pour the solution into the container, and close the lid. The towels will absorb the liquid. As you need them, simply pull the wipes up from the center of the roll.



**REMINDER:
April's Speaker,
Jim Harrell
likes these tools.**

Clear Lake Trowel & Trellis Garden Club

www.clttgc.org

Return mail: President Carol Dobusch

7075 Kelsey Creek Drive

Kelseyville, CA 95451-8023

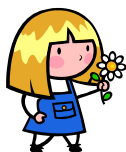


The club meets at 12:00 pm
on the 3rd Tuesday of the month.
Scott's Valley Women's Club House
2298 Hendricks Road in Lakeport

Garden Club Affiliates

- **National Garden Clubs, Inc.**
(www.gardenclub.org)
National President: Linda Nelson
- **Pacific Region**
(www.pacificregiongardenclubs.org)
Director: Elaine Gunderson
- **California Garden Club, Inc.**
(www.californiagardenclubs.org)
President: Rita Desilets
- **Mendo-Lake District Garden Club**
(www.mendolakedistrict.org)
District Director: Rhea Pitchard

DUES ARE DUE!



CREATE, ENLIVEN, ELEVATE



Forget-me-nots

MAY 2014

- 1 Garden Therapy, Thur, 10:30am
Call Michelle Wisler for info
First Lutheran Church,
3863 Country Club Dr, Lucerne
- 2-3 Plant Sale (Fri 9am-5pm) (Sat 9am-3pm)
Mendocino College Agriculture / Horticulture Club
1000 Hensley Creek Rd, Ukiah
- 4 Spring Garden Event, (Sun, 10am-1pm)
UC Master Gardeners of Lake County
Presentations, Demonstrations, Plant Sale
Agricultural Center, 883 Lakeport Blvd, Lkpt
- 4 Plant Sale (Sun 8am-3pm)
Big Valley Grange, 1510 Big Valley Rd, Finley
- 8 FIELD TRIP: (Thur) **meet at Kit's corner**
8:30am (Let Susan know if you can drive)

Wildwood Farm and Nursery/ Sculpture Garden
in Kenwood, Sonoma Co; Lunch at Glen Ellen
Inn (Owned by Leanne's sister & husband);
Corner Stone Sonoma Gardens and Art.

- 13 Lake Kaba-Tin Redbud Flower Arrangers
1:30 pm / Call Barbara Swanson for info
St John's Episcopal Church
1190 N Forbes St, Lakeport
Theme: Vertical Line w/figure.
- 16 Redwood Arrangers– Ukiah
- 16 Board Meeting (Fri, 2pm) Helen's Sun House.
- 20 Regular Meeting
12:00 Social Time / Refreshments
12:30 Speaker: Jane Lemke Ukiah GC,
'Home Garden Tour Fundraiser'
1:00 Flower Roll Call
1:30 Business Meeting

Newsletter's deadline-4th Tues
(1 week from meeting date).