

# Clear Lake Trowel & Trellis Garden Club



Clear Lake Trowel & Trellis Garden Club (CLTTGC) is a member of Mendo-Lake District Garden Clubs, California Garden Clubs Inc (CGCI) and the National Garden Clubs Inc (NGCI). We were founded on September 21, 1955, by five women who wished to create and promote interest in amateur gardening in Lake County.

October 2012  
Vol 2, Issue 1



## 2012-13 Officers:

### President:

Leanne Harvey

### Vice President:

Carol & Hans  
Dobusch

### Treasurer:

Ginny Cline

### Secretary:

Helen Turley

### Parliamentarian:

Jo Shaul

[www.clttgc.org](http://www.clttgc.org)  
See us on Face



## Thyme with President Leanne:



Exercise your Passion: Flora, Friends and Fun!

CLTTGC members come together to exercise a passionate common interest in gardening.

Many of you may love the physical exercise you get while gardening and growing flowers and vegetables in Lake County's walnut, pear and grape growing climate. Even with the recent fires, we have the cleanest air quality in the nation and that makes it a pleasure to garden outside.

Some of you are concerned about non-native invasive species and work to educate others about the dangers of those plants while showing the beauty of California natives in the gardens you are so willing to share.

Kabatin = Exercise of the mind. It comes from looking at common things in nature in a new light. With the encouragement of our Kabatin flower arranging group, this added awareness brings even more fun to our lives. Friends encourage our creativity and share their knowledge.

If healthy eating from the garden or learning the tricks that chefs know are your interests, that is a part of garden club that will catch your interest.

We beautify our environment! We have youth days! We Share! We are women and men who don't mind getting our fingernails dirty in the garden, and we have the added bonus that we make friends and who are community minded and do great things in Lake County. Be proud of what you do because CLTTGC does things no other club does. Lift those shovels and keep on exercising your passions!

## IRIS SEPARATING DEMONSTRATION

11:45-noon (before the Oct meeting begins)

I took a class at the Russian River Rose Company and want to share what I learned. CLTTGC gardening experts may know the information and have more to add, but the new iris growers might learn new information or get questions answered. Please bring gloves so you can help to separate the colony. Members that come early to participate in this demonstration will receive an iris. Hoping for good weather. *Leanne*

## Plant Wish List

Sometimes we have plants that we can easily cultivate or plants that pop up in our yard that we would love to share with other members. We have members that would love to have some plants that you might just pull up and toss because you have so many: A two-toned iris, a snowball bush, a red-hot poker, a succulent. If you have plants to share or plants that are on your wish list, drop a note in the Dear Dahlia box, and we'll see if we can share plants that way! (Be sure to save plants for the up-coming plant sale too.)

## KITCHEN GARDEN CLUB!

Easy Refrigerator Yeast Herb Bread Making!  
Saturday, Oct 20, 1 PM at Leanne's!

Remember, you are encouraged to come to a "Kitchen Garden" event whether or not you ever wish to host it. You may wish to host, host with a friend, or never host at all. Come be part of the fun and learning. Flora = Herbs, Friends = CLTTGC members and Fun = making an easy, delicious bread that will save you lots of money and impress your family and friends. Please let Leanne know if you can make it.

## SUNSHINE REPORT

by Marva Brandt



Thinking of You -  
Nancy Bailey, Ginny Cline,  
Jo Shaul, and Marva Brandt



Green Thumbs Up



To Carol Dobusch for covering for Marva sending out cards and well wishes to club members needing cheering up. Please let Carol know when you become aware of a member needing *sunshine*.



Dear Dahlia,

Q: "Do you deadhead roses in the fall?" asks Ginny Cline.



A: The experts at the Russian River Rose Company have helped Dear Dahlia with questions about roses. It takes about 6 weeks for new buds to develop and bloom on your roses. So go ahead and deadhead until about the end of September in most of Lake County, but after that you can spend your garden time better doing something else in the garden. You won't get more blooms. If you are right on the lake or your roses are protected from the frosty elements...just count the weeks and don't bother after you believe the first frost will be 6 weeks in the future.

## FEATURED PLANT-IRIS

Growing Tips:

- Iris love sunlight and humus-rich soil that's well drained (except special ones like the Japanese Iris that loves water.)
- Plant in full sun
- The rhizomes like to be very close to the surface. Do not plant deep. Do not mulch as the rhizomes do not like to be wet constantly.
- Point the leaves in the direction you want the plant to grow.
- They like to be fertilized with bone meal and garden fertilizer.

Prune:

- After flowers have shriveled, pick off the dead-heads and cut spent stems so the energy goes back into the rhizome rather than into seed production.
- If you do want to fertilize iris using a paintbrush to try to get an iris with a ruffled petal, for example, on your favorite colored iris, you can get good results. Let the seed pod form, and plant it where you can observe the changes. You have to be patient, but some good results can occur. (Ask Leanne for details, if interested.)
- August is ideal for cutting the leaves back to about three-5 inches from the ground. You can push this up to October in Lake County if you have just been too busy to make it happen in August and September. So this is your very last chance for this season! Go right outside and get to it. The "mother" part of the rhizome will not bloom again - though she may produce babies that will grow and flower.

Propagate:

In the fall, you can divide the rhizomes by cutting or breaking them into section making sure each section has a fan of leaves. This should be done about every three years so they continue to have plenty of room to bloom and grow. If you have less energy, take your shovel and give them a good hit severing the old part from the new growth and your results will be pretty good.

Note: Some varieties are available now that bloom twice a YEAR! The Earl of Essex is a twice a year bloomer.

If you have named iris, you can write the name in permanent marker on the center leaf of the fan.

Then when the colony flourishes, you can share with a friend.

Flora, Friends and Fun!  
Tips from the President



**Earl of  
Essex**

Please make this correction in your Yearbook! Debra Watson's phone number should be 263-0889. Debra is our Publicity Chair so this number is very important, and we do not want to annoy the wrong party over and over again!



The BYLAWS and Standing Rules have been updated. The changes were emailed out this summer and copies were available at the September meeting. Please take the time to read both documents and be prepared to discuss and vote on at the October meeting.



#### BASIC ROSE POTPOURRI

- 1- 1/2 cups dried rose petals
- 1/4 tsp cinnamon
- 1/4 tsp ground cloves
- 1/4 tsp dried peppermint leaves
- 1/4 tsp allspice
- 1 tsp dried orris root
- 2 drops rose oil



Lake Co-op Speaker JoAnn Saccato  
707 993-4270 [www.lakeco-op.org](http://www.lakeco-op.org)  
PO Box 6306, Clearlake, CA 95422

Formed in 2008, the Lake County Community Co-op (now Lake Co-op) is Lake County's premier access to affordable organic, local and regional groceries and household products. We are dedicated to providing our community with high quality, affordable foods and products while supporting organic sustainable agriculture (sourced locally and regionally whenever possible). With 10 drop points throughout Lake County and home and office delivery, it has never been easier to support our local producers and receive the highest quality, freshest and tastiest food around.

**Opens:** Sundays @ 12:01 am

**Closes:** Tuesdays @ 12:30 pm

**Pickup:** Thursdays 5-7 pm\*

**Overage:** Thursdays 5-7pm

14773 Lakeshore Drive, Clearlake



#### 4-H Flower and Plant Hands on Activity Day!

**Who?** CLTTGC is putting on a 4-H Youth Day for students aged 12-16

**When?** October 13th, 1-3 PM

**Place:** 1050 Eva Way, Lakeport, CA  
(Off Hill Road East)

#### What is this exactly?

Flower Arranging and Plant Day - We'll start looking at the different kinds of arrangements CLTTGC gets together with the hints for arranging. Quick lessons: like what is "oasis"? "Pin frog," Tape trick, etc. If you have an arrangement in water, how can you make it last longer? Turn them loose to find some of their own floral material, and we'll have some there for them. Then they'll make their own.

As time allows we'll continue with activities: mini-pumpkin decorating- hot glue and dried material; re-pot your aloe/and start a geranium; teach bulb depth and how planting an iris differs from planting a bulb; and decorate a gourd.

Flora, friends and fun! Club member help needed! Please contact Leanne regarding the following...

Help on the day of the event: (Note: If you have a child, grandchild or great-grandchild that might like to come with you to participate you may bring them with you, but let Leanne know!)

Arrangements for examples: Barbara Swanson, Jo Shaul, Jo Jameson and Susan Buckles have volunteered to make arrangements in different styles but more would be very welcome. See inside cover of yearbook for ideas to get you started.)

Donations of materials: Vases and/or containers, gallon pots, 4' pots, oasis, Sahara, flowers, straw flowers, items to adorn a mini-pumpkin, silk flowers, dried plant material markers, hot glue gun with glue sticks, dried cleaned gourds.



**Christmas Wreath  
Order Form/Envelope available  
at October's Meeting.**



**Place needed to store  
wreath making equipment  
for 2013.**



## 'Mums in Style' November Chrysanthemum Show

Sign-up at the next meeting (Oct).  
Set-up room - Tables 9 AM????  
Set up arrangements at 9:30 -11:30  
Clean-up 5 PM

Cider and Crock pots  
Cookies-2 dozen per member???  
Kitchen Organizer/team  
Guest book

Any member can make an arrangements (Example of some styles in the yearbook. For the Show we use mums!)

Arrangers please let Shirley know ahead of time what style their arrangement will be.

Also, people growing mums for the specimen table, please let Shirley know what you'll be growing and showing.

*"Fun and creativity are number one for this mum show."* Shirley Estreem



Since I (Leanne) am farther away from the lake than Carol K and it's a bit colder, I sent an email to Kings Mums regarding getting mums to bloom right at the right time for our mum show. I think I'm about 2 weeks behind Carol who lives closer to the lake.

From: Kings Mums [mailto:mums@kingsmums.com]  
Mum Words from the experts: Many growers in areas subject to early cold weather start covering with black cloth on August 1st to get blooms ahead of their normal blooming time. The darkness needs to be accomplished with black cloth or black plastic so that they have less than 10 foot candles of light on the growing point (pretty much total darkness). They need to be covered every night at 5 and uncovered every morning at 8 for about a month. That will cause the plant to think it is late enough in the fall to set buds, and will give you blooms about a month earlier. You can set up a light weight frame over your plants and just pull the black cloth over at night.



### Mum "TO DO" LIST

Be sure your mums are staked and tied up so the weight of the plant and the developing flowers will not cause the plant to fall and break.

Start checking now for the developing buds and begin the disbudding process. A mini-demonstration will be given at the Kitchen Garden Club meeting for interested parties, but many plants already need attention.

If you would like a private lesson, a telephone lesson or are willing to help in the mum garden, contact Leanne. Now is the time!!!!



CLTTGC honored Helen Turley with the 60th Penny Pines Plantation Certificate. Approx 350 tree seedlings will be planted in her honor.



**GARDEN THERAPY**

Jo Jameson's aims & goals for our adult respite program are to 1) offer opportunity for enjoyable & creative activity and 2) encourage participation to the



fullest extent possible. Jo is very passionate about this project and likes to give each adult her personal attention. If you would like to help, give Jo a call. Next Opportunity: Oct 2, St John's Lutheran Church Olympic Dr & Memory Lane



**DISTRICT FALL GENERAL MEETING**  
**POTTER VALLEY GARDEN CLUB**  
**METHODIST CHURCH**  
 Main Street, Potter Valley  
 Wednesday - October 24, 2012  
 9:30 A.M. Social/Registration & Coffee Hour  
 10:00 A.M. Meeting  
 12:00 P.M. Lunch  
**LUNCH - \$15 - CHECKS PAYABLE TO:**  
 Potter Valley Garden Club, c/o Jessica Kimball,  
 PO Box 201, Potter Valley, CA 95469-0201  
**Reservation Deadline: Monday, October 15**  
 Questions: Call Jessica Kimball 489-3112



**ROCKS, POSTS, and High Places**  
 (Sceloporus Occidentalis) Jerry Shaul



Josephine, I say to you with profound pride that we share our yard with members of the squamata-lquanidae-phrynosomatidae ssp sceloporus-occidentalis and let it be said "that's a mouthful". After a season of keeping our landscape free of insects and spiders these little creatures (3-4 inches) find a shelter protected from predators and freezing where they hibernate until the spring warm-up. Being 'cold blooded', they rely on sunning themselves on rocks, fence posts and other high places which make them an easy target for predation like snakes, birds, cats and dogs. Their only defenses are fast reflexes and a tail that is easily disconnected after which it wiggles thus diverting the predator's attention. In a short time another tail is re-grown. Interesting mating rituals are performed by Mr. Blue Belly and Miss Liz in the spring. Females lay one to three clutches of 3 to 17 eggs (usually 8) between April and July which are covered in warm soil where they hatch in August. Predation reduces the possibility of over population. One interesting study has shown that Lyme disease is lower in areas inhabited by S. Occidentalis. It is common for ticks carrying Lyme disease to feed on their blood. A protein in their blood kills the bacterium responsible for Lyme disease. The ticks' blood is cleansed and no longer carries Lyme disease. Josephine, did you hear that truck go by on its way to your son's. It's the third time this year that he's had his place sprayed with insecticides. No bugs, no Western Fence Lizards, and who knows the negative affects on soil macro and micro organisms, insect eating birds and the neurological systems in the human body. Josephine, would you fetch our canes so that we can hobble through the yard on a Western Fence Lizard sighting adventure.



**Green Thumbs Up**



to the Nomination Committee: Pam Cochrane and Suzanne Russell join MaryAnn Worth (Chair). Thanks ladies.

## Clear Lake Trowel & Trellis Garden Club

Return mail: Pres Leanne Harvey  
PO Box 824, Lakeport, CA 95453-0824

The club meets at 12:00 pm  
on the 3rd Tuesday of the month.  
Scott's Valley Women's Club House  
2298 Hendricks Road  
Lakeport, CA 95453

### Garden Club Affiliates

- **National Garden Clubs, Inc.**  
([www.gardenclub.org](http://www.gardenclub.org))  
National President: Shirley S Nicolai
- **Pacific Region**  
DHinchey@alaska.com  
Director: Debbie Hinchey
- **California Garden Club, Inc.**  
([www.CaliforniaGardenClubs.org](http://www.CaliforniaGardenClubs.org))  
President: Julie West
- **Mendo-Lake District Garden Club**  
([www.mendolakegardenclub.org](http://www.mendolakegardenclub.org))  
District Director: Virginia Stranske



## EXERCISE YOUR PASSIONS: FLORA, FRIENDS



## Forget-me-nots

October 2012

- 2 Garden Therapy-Clearlake (YB-pg17)
- 9 Lake Ka-Ba-Tin Redbud Flower Arrangers  
Theme: Creative Design-fruit/veg with flowers  
10:00am (Tues), St John's Episcopal Church
- 14 1-3pm (Sat) 4-H Youth Flower & Plant Day
- 16 Garden Club Meeting  
Hosts: N Benkelman, MA Worth, S Czosnowski  
11am Board Meeting  
11:45-12noon Dividing Iris Demonstration  
12noon Social time/Refreshments  
12:30pm Program: Winter Gardening (S Hoyt)  
1:00pm Flower Roll Call  
1:30pm Business Meeting
- 19 11:00am (Fri) Redwood Arrangers- Ukiah

20 Kitchen Garden Club Saturday, 1pm  
Meeting at Leanne Harvey's home.

24 ML District Meeting - Potter Valley

26 Happy Birthday Mary Secord!

Newsletter's deadline-4th Tues following meeting.

[www.californiagardenclubs.com](http://www.californiagardenclubs.com)



**This Old House Magazine - Garden Photos Needed.**

**Sep 2012 Golden Gardens eNews is available via website or you can sign-up to have it emailed directly to you.**

#### CGCI Events

- October 27, 2012 - Borrego Days at Anza-Borrego Desert State Park, 2:00 pm.  
Contact Janet Eyre for more information.
- October 28, 2012 - Dedication of the 2000-2010 CGCI Presidents' Tree, Big Basin State Park, Santa Cruz at 1:30 pm.  
Contact Rosa Radicci for more information.