

Clear Lake Trowel & Trellis Garden Club



Clear Lake Trowel & Trellis Garden Club (CLTTGC) is a member of Mendo-Lake District Garden Clubs, California Garden Clubs Inc (CGCI) and the National Garden Clubs Inc (NGCI). We were founded on September 21, 1955, by five women who wished to create and promote interest in amateur gardening in Lake County.

September 2011
Vol. 1, Issue 1



Officers:

President:

Helen Turley

Vice President:

Linda Waterstraat

Treasurer:

Ginny Cline

Secretary:

Jo Douville

Parliamentarian:

Jo Shaul

www.clttgc.org

SWEET PEAS

should be planted in Sep/Oct because they need warm soil to germinate. Soak seeds overnight then plant in good soil.



Thyme with President Helen

September is the month of transition from the hot sunny days of summer to harvest gold, brown and red colored leaves decorating the hillsides across Lake County. It is also the beginning of our new Club year after a busy summer break. We have a great team assembled and are ready to begin Club year #57. Thanks to all who have agreed to Chair committees and to our new Board members, our team is ready to go.

What happened in July and August? Several of us met at Umpqua Bank on July 19 for a planning session in preparation for "our new beginning" in September. Linda Waterstraat has wonderful programs, field trips, and workshops planned for fun, education, and fellowship, and isn't that what our Club is all about! Thanks to Linda Pyers' and her dedication, you will receive your new Yearbook at our September meeting with a complete calendar of everything we have planned for this coming year.

And what about our Lake County Fair Exhibit. Susan Buckles, Suzanne Russell, and Linda Leslie, with the help of all their "garden fairies", did us all proud with their "magic". What a team effort!!! Two green thumbs up to all who participated.

Busy, busy, busy!!! Are you taking the time to enjoy your gardens and actually stopping to "smell the roses"? If you're like me, I get so busy "doing", that I forget to just "be" in the garden and enjoy the magnificence of Mother Nature's creations. As summer changes into fall remember to stop, look, and listen to all the wonders of nature that surround us in our beautiful Lake County. We are blessed to live in what I lovingly call "God's Country".



2011-2012 Officers

See additional pictures at the September meeting or on the web site.

LAURELS

by Jerry Shaul

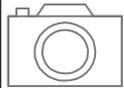
Instead, why not rest under your very own laurel and reap its benefits. It seems that peoples of the ancient world (1100 BC) established the laurel (*Laurus Nobilis*) as the sacred plant. This esteemed plant continued through the ages to be used by the Greeks & Romans to crown their heroes with a Laurel Wreath. Thus, just because you've earned a "Laurel Wreath Crown" doesn't mean you can't improve. We Californians are blessed by having one of the 2000 species of the Laurel family (Lauraceae) growing as a native. You may know *Umbellularia Californica* as California Bay, California Laurel, Oregon Myrtle or Pepper Wood. Growing up in Lake County it was always called Pepper Wood. Although fast growing in fertile, moist well drained soil, California Bay can be found growing in poor dry soils.



As an evergreen with thick leathery dark green leaves, small dense umbels of yellowish flowers and purplish-brown 1-inch fruit it is a good choice for the home landscape. Since it thrives in partial shade it can be used as an under story plant and can also be used as a container planting.



The aromatic leaves of this plant have been used as a spice in soups and stews; to treat minor health disorders; and as an insect repellent. Josephine would you get down from that tree before you fall and break your neck! All I wanted was a few leaves to relieve my sinuses.



REMINDER:

Time to take pictures to enter into the awards competition.

**See Jo Shaul & Mary Se-cord
For details.**

SEEDS: Good

time to collect seeds and an even better time to share them. *Mulch*



Carmen Carpenter,
Entered how many fair entries?



*"The breezes taste
Of apple peel.
The air is full
Of smells to feel-
Ripe fruit, old footballs,
Burning brush,
New books, erasers,
Chalk, and such.
The bee, his hive,
Well-honeyed hum,
And Mother cuts
Chrysanthemums.
Like plates washed clean
With suds, the days
Are polished with
A morning haze.-
John Updike, September*

Lake Ka-Ba-Tin Redbud Flower Arrangers— September Theme: Pot-et-Fleurs

Dear Mendo Lake District Garden Clubs Members:
The Potter Valley Garden Club invites you to our September meeting on Wednesday, September 7, at the R & R Ranch in Potter Valley at 10:30am. For the second year in a row Gary Rasche has graciously invited us to tour his 1897 Victorian home. The two story home is decorated with Gary's large collection of antiques and each room is decorated with a different theme.

After the tour lunch will be provided. Guests are welcome to join members for the tour and lunch. A meeting of the Garden Club will be held after lunch. The R&R Ranch is located in Potter Valley on East Road about 2 1/2 miles from Hwy 20. Look for the signs and balloons. Reservations are limited. **Please call Linda Stewart at 743-1844 by August 31st for reservations and directions.**

Just so you know, there isn't a garden to go along with this beautiful home located in a beautiful valley. Also his antiques are not for sale.

Hope to see you there,
Jessica, PV Garden Club, 743-1902

SUNSHINE LADY

Marva Brandt

This summer cards went out to:

**Helaine Christensen
Carol Kesity
Joelle Holford**

Our Sunshine Lady needs your help. Please call or email her when a card needs to be sent.



Field Trip: Our first field trip of the year is scheduled for **Friday, September 23 at 12 noon** at the Grace Hudson Museum in Ukiah. We will have a docent tour of the museum which will include 'Landscapes of Mendocino County' and the Sun House. There is a small garden of native plants which the Pomo used to weave their baskets. They ask for a small voluntary donation. Bring a sack lunch.



ALL BOARD MEMBERS & CHAIRMEN PLEASE ARRIVE EARLY TO ATTEND A MEETING AT 11 AM.

Please let me know if you would be interested in attending.

Here is the website for the museum. www.gracehudsonmuseum.org LindaW



SPOTLIGHT-GARDEN OF THE MONTH: Nora Gerrard When I moved into my home in Pier 1900, unit 18, in October of 2005, there was grass both in the back and front yards (neglected and in very bad shape). I spent the following spring spending considerable time, energy and money bringing both lawns into lush green grass. However, in the summer of 2009, I decided to redo my lawns to make my life easier by eliminating the grass and cut down on watering and mowing.



The first step was to remove the grass 3 ft out from the front of my house, edge the area with gray scalloped stone and cover with small white river rock. I then planted three nandina shrubs, one at each side of the house and in the middle. The shrubs were knee high when planted and now over my head.

In the spring of 2010, I drew a landscape design for my front and back yard and worked with a landscaping contractor to do the work. In the back yard, he removed all the grass, leveled the soil, put down weed cloth and then covered with small white river rock with red square pavers for pathways. I now have a glazing ball surrounded by my deer and duck figurines and a sundial for focal points. I also have a hanging gold finch feeding sock and bird feeder and enjoy watching the gold finch and brown headed finch come every day to feed. Also have black birds, blue jays, sparrows, doves, quail and occasionally some ducks that come to eat in my back yard.

In the front yard the remaining grass was removed, area leveled and weed cloth put down. In the middle of the yard, gray cobble pavers were used to create a 6'x6' circular patio. A rectangular area was created by edging with gray scalloped stone and filled in around the circular patio with decomposed granite. The outer area was then filled in with small white river rock. A 15 gallon Maple tree was planted at the back left side of the rectangular area and a Colorado blue spruce was planted on the back right side of the rectangular area. The landscaper moved from my back yard, a Grecian woman fountain of green patina color to the middle of the circular patio. I then bought fairly large flower containers and planted pink roses with dark purple verbena in the containers and placed one on the front of each side of the rectangular area. I still have watering to do for the two trees and flower containers, but sure enjoy not having the constant mowing, watering, fertilizing and spraying for white flies that was necessary in the past. This yard I can take care of by myself.

I have a variety of shrubs and flowers on both sides of my driveway and under the awning. Behind my wrought iron fence I also have flowers: huge white iceberg rose bush; peony bush; lilac bush; columbine and candy tuff in containers; and Iris planted along the fence.

I welcome all garden club members to stop by for a view of my yard and flowers and share a cold glass of ice tea and view of the lake channel from my swing on my back deck. Hope all had a wonderful summer filled with lots of flowers.



Nora Gerrard, Unit 18, Pier 1900 S Main St, Lakeport (more pictures on the SPOTLIGHT GARDEN poster board)



Green Thumbs Up



Trees Planted at Westside Community Dog Park

The Clear Lake Trowel & Trellis Garden Club donated two Bradford Pear trees as replacements for trees which had died at the Park. These trees were recently planted in the dog park by Garden Club member, Leanne Harvey and Westside Community Park Committee members, Cindy Ustrud and Dennis Rollins. Harvey was instrumental in arranging this donation.

Posted at www.westsidecommunitypark.org

At the July 19 planning meeting, we decided to spotlight a member's garden each month. Nora volunteered to be first and did a beautiful job. She provided even more photos so be sure to check them out at the meeting. Also, in September's meeting, there will be a sign-up sheet. Don't miss this opportunity to show off the beauty of your garden.



GOTTA PROBLEM WITH WASPS? You'll need a good size bowl filled with soapy water. Take a board long enough to straddle the bowl. Hammer a nail through the middle of the board and bend the nail on the underside to form a hook. Add raw meat to the hook and place it over the bowl meat side down. The water in the bowl should be just below and not touching the meat. The wasp will go for the meat and drop into the water which they will not be able to escape. Tom Kesey

"All the flowers of tomorrow are in the seeds of yesterday."

2010-2011 SCHOLARSHIPS By Leanne Harvey



Leanne Harvey, Linda Waterstraat, Susan Buckles, Marva Brandt; Seated Julissa Prado and Amanda Ray

"The Clear Lake Trowel and Trellis Garden Club is proud to award Julissa Prado and Amanda Ray each a \$1000 scholarship to be used to future their education," states Linda Waterstraat, President. Club members made holiday wreaths out of beautiful, fresh foliage to earn the funds to reward these hard working and competent young leaders. The Clear Lake Trowel and Trellis Club thanks all community mem-

bers who purchased and enjoyed these wreaths



Julissa Prado, a 2011 Kelseyville High School graduate, plans to become a nurse in order to help people and families. She is interested in holistic, homeopathic and herbal remedies. She has been inspired and influenced to pursue nursing because of the wonderful nurses that have helped in the care of her sister, who had a cardiac arrest secondary to brain

damage when she was only three years old. Julissa has held a job during high school, played tennis and soccer and made time to keep top grades and to participate in community service activities like Toys for Tots and Relay for Life. Julissa plans to take a phlebotomy class to help her work her way through Sonoma State University. We applaud her goals and work ethic.

Amanda Ray, also a 2011 Kelseyville High graduate, plans to pursue her education at Butte College and then Chico State University. Her stated plans are to become a veterinarian, though she told us that her back-up plan is to do nursing. She was involved in 4-H and FFA, and other leadership and community service projects such as Tango Mike, and helping raise money for children with diabetes. She has been involved in searches while being a member of K-Corps, and states it "brought tears to our eyes" when we found an elderly lady that otherwise might not have made it. She was also active in sports in high school playing basketball, volleyball and swimming. Donelle McCallister, her agriculture teacher, states, "I know her work ethic will lead her to achieve all the goals she has set for herself."

HUMMINGBIRD FLOWERS

by Doris Ells-



Many of us have humming bird feeders in daily use (I fill seven twice a day). These feeders and our flowers are especially important NOW so we can help send these wee birds off on their journey with a full belly as well as feed those from other areas who stop along the way.

Hummingbirds weigh almost as much as a penny (3 grams). They consume half their weight in sugar each day – feeding 5 to 8 times per hour (they lick up nectar with tongues at a rate of 13 licks per second).

Remember that blooms with long, tubular shapes cannot be serviced by shorter –tongued pollinators like bees or wasps—they are especially made for hummingbirds and they will move naturally to blossoms of other colors besides red.

In our zone 7-8, blooming NOW are:

Cardinal Flower (*Lobelia cardinalis*), a very important bloom time.

Penstemon is a superb drought-tolerant attractor. "Red firecracker" (*eatonia*) is a good choice. Also "Ruby", a deep pink.

Sages (*Salvia*) Scarlet or blue blooms (splendons or caradonna). Lots of flowers over long bloom time.

Lady Bells (*Adenophora*); a confusa. Dark blue, flowers all summer-early fall.

Hummingbirds migrate north in spring by following flowers as they bloom. By planting NOW you can greet them this spring with:

Wild Columbine (*Aquilegia canadensis*)

Fire Pink (*Silene virginica*)

Heuchera: "Fire Fly" is a great tubular form.

Bee Balm (*Monarda diclyma*), especially "Garden view Scarlet"

Maltese Cross (*Lychnis chalcedonica*), red

Garden Phlox (*Phlox paniculata*)

Common Ladybells (*Adenophora confusa*)



Besides our flowers, feeders, water sources (they love to bathe in my waterfall while flying), perches for very tiny feet to rest on, letting spiders spin and keep their webs are important source of protein for them. They pluck and eat insects in webs; use the silk web to build strong nests; and the tiny insects from these webs are the first food given to their tiny babies.

There is a misconception that if you do not take feeders down at a certain time in the fall, you will prevent the hummingbirds from migrating. This is NOT true. Remember: some bird feeders left up and filled may be life sustaining to some hummingbirds. Last year I had feeders thru November.



Green Thumbs Up to the Fair Committee



Once upon a time in a secret garden, fairies gathered to 'Make some Magic'... Surrounded by Nature's beauty a fairy tale comes alive in the eyes of two small children sitting on a park bench.



This is the scene created by **Susan Buckles (chair), and Linda Leslie, and Suzanne Russell**. They spent hours, so many hours creating this enchanting Secret Garden where fairies *flitted about*, flying through the air, landing on plants, and skipping through the woods.



Helpers were:

Jerry Buckles, Marva Brandt, Jo Jameson, Barbara Swanson, Leanne Harvey, Linda Waterstraat, & Linda Pyers.



Clear Lake Trowel & Trellis Garden Club

Return mail: Pres Helen Turley
PO Box 1903, Lakeport, CA 95453-1903

The club meets at 12:00 pm
on the 3rd Tuesday of the month.
Scott's Valley Women's Club House
2298 Hendricks Road
Lakeport, CA 95453

Garden Club Affiliates

- **National Garden Clubs, Inc.**
(www.gardenclub.org)
National President: Shirley S Nicolai
- **Pacific Region**
DHinchey@alaska.com
Director: Debbie Hinchey
- **California Garden Club, Inc.**
(www.CaliforniaGardenClubs.org)
President: Julie West
- **Mendo-Lake District Garden Club**
(www.mendolakegardenclub.org)
District Director: Virginia Stranske

Welcome Back



Every Year a New Beginning

Forget-me-nots

September 2011

- 1-4** Lake County Fair.
- 1** *Happy Birthday Doris Ellsworth!*
- 3** *Happy Birthday Ginny Gunderson!*
- 6** 10:30am (Tues) Garden Therapy-Clearlake
- 7** 10:30am (Wed) R&R Ranch in Potter Valley
- 8** 10:30am (Thur) Garden Therapy-Lucerne
- 8** *Happy Birthday Jan Kespohl!*
- 13** Lake Ka-Ba-Tin Redbud Flower Arrangers
Theme: Pot-et-Fleurs
10:00am (Tues), St John's Episcopal

Church

- 15-18** CGCI Fall Board Meeting
- 21-24** NGC Board Meeting
- 22-23** Landscape Design Study School
- 20** Regular Club Meeting
Hostesses: Leanne H, Evy E, & Sharon R
11:00am Board Meeting
12:00pm Social Time
12:30pm Flower Roll Call
1:00pm Regular Club Meeting
2:00pm Program: Gabriel O'Neill-
'ASK A MASTER GARDNER'
- 16** 11:00am (Fri) Redwood Arrangers-Ukiah
- 23** Field Trip: Grace Hudson Museum, Ukiah
12:00 noon (see details on page 3)