

Clear Lake Trowel & Trellis Garden Club (CLTTGC) is a member of Mendo-Lake District Garden Clubs, California Garden Clubs Inc (CGCI) and the National Garden Clubs Inc (NGCI). We were founded on September 21, 1955, by three women who wished to create and promote interest in amateur gardening in Lake County.



## Officers:

President: Jo Jameson

Vice President: Jo Douville

Treasurer: Heide Thomason

Secretary: Marva Brandt

Parliamentarian: Jo Shaul





### PRESIDENT'S MES-SAGE:

I always feel that after the Daffodil Tea that our garden club year is coming to a close. And

wasn't that an outstanding Tea!! Thanks to everyone who help to make it the best ever, especially Linda and Carol. I will be leaving for Laughlin, Nevada on April 8th and returning on the 23rd. I'm leaving the April meeting in Jo D's capable hands. I hope you enjoy Jamie Scott's program on the Lake County Vector Control. Save a hand-out for me. It's that time of season when the plants go through a growing spurt, along with all the weeds. I hope you're enjoying the beautiful weather and your gardens big or small. I have finally found a very trustworthy, reliable fellow who comes in to do the macho stuff, which still leaves plenty for me to do. I would recommend this for anyone who feels overwhelmed this time of year. You will have elected a new slate of officers when I see you again. I know they will do an excellent job and please support them whenever possible. Jo J

**REMINDER:** <u>MENDO-LAKE DISTRICT-</u> <u>Spring General Meeting, Wed, April 28th</u> Hosted by: CLTTGC More information from Heide Thomason & Helen Turley at this months meeting. Please be available to help.

Monthly Award Winning Garden of Lake County Sorry to say, we are off to a slow start because of the rain. Please let Claire, Ann or Linda P know who in your neighborhood to honor with this award.

The Lake Ka-Ba-Tin Redbud Flower Arrangers try a new 'Traditional and Creative Design' each month. <u>Tuesday, April 8th</u>, proves to be a challenging task. The theme is *Reflective Design*. Anyone who is a member of CLTTGC is invited to participate or come and appreciate their artistry. Good Luck!

> Reflective Design: Creative Design containing special material/s which reflect or give back image/s of light, or other components, or viewer. The reflective component may be materials such as shiny metal, plastic, paper, pieces of mirror, or mirrored objects, however, a design staged in front of a mirror does not qualify.

If you would like to see their stunning work, check out our web site at www.clttgc.org. Barbara Swanson's son Peter does a wonderful job displaying the Flower Arrangements as well as all the activities our garden club is involved in. You can also see earlier editions of our newsletters.

#### CGCI e-NEWSLETTER:

To access the newsletter of CGCI, go to the home page website (cagardenclubs, org); at the bottom of the page, submit your email address and first name. How easy it that?

**BUTTERFLIES:** Butterfly populations are declining more and more these days. You can help by supplying plants for their larva and for their food source. Larval plants include: Milkweed, ceanothus, common buckeye, wild buckwheat, common fennel, penstemon, willow, and spiraea. <u>Nectar plants</u> include: Yarrow, aster, marigold, butterfly bush, morning glory, lantana, lavender, Shasta daisy, catmint, oregano, salvia, pincushion, some of the sedums, goldenrod, and verbena. Never use pesticides in your garden. Have a water source for them along with a sunny location for them to perch. Choose a wide variety of plants to create a long blooming time

# Green

Thumbs Up



to **Jerry Shaul** for the wonderful sign he designed and built for our new Civic Beautification Award. We

want to recognize to non-member's gardens. The sign will be in a different yard each month until the summer break.





..... by Jerry Shaul

### THERE'S HAIR IN MY SOAP!



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Hi Jim, remember me, Jerry Shaul. We went to East Lake Grammar School together. Yes Jerry, I remember you. You invited me and Calvin to your birthday party. Jim and Calvin Brown were members of the Pomo Indian Elem

Tribe. Jim Brown had just given a talk to the rotary club regarding the problem of alcoholism amongst the Pomo people. It had been 35 years since that "memorable" Birthday party. I remembered that the Browns, Jim, Calvin and Pracilla had introduced me to the soaproot plant (chlorogalum Pomeridianum). Our school was located next to a native plant community which included the soaproot plant. The Browns insisted on using the soaproot plant to wash up and Jim had given our class a talk about the soaproot plant and its uses by his people. We watched Jim dig up the bottle shaped bulb which was covered by course brown hair-like fibers. We each made a brush by binding these fibers to a stick which we used to clean the inside of our desks. He told us how his people also used these fibers to make "sleeping bags". After removing the

"hair" he showed us how to crush the bulb for use as soap. Besides cleaning the skin it can be used as a hair wash curing scalp disorders and leaving the hair soft and glossy. Since it has no alkali it can also be used to wash silk and other delicate fabrics. He told us how they used this plant to stupefy fish in pools and streams. The bulbs were mashed and thrown in pools where fish were known to be. Soon sluggish fish would appear and were gathered up before they recovered from the effects of the chemical 'sapotoxin'. The soaproot plant is easily identified by the radial tuft of flaccid strap-like leaves, and nearly leafless, paniculately branching stem 2 to 6 feet high. It was March and the season to pluck the young stems. Those of us who dared tasted the roasted stems that Jim had prepared and found them as sweet as sugar. I have hundreds of these plants on my property and at dusk find each array of delicate star-like flowers most beautiful and mystifying.

'Josephine, must I always remind you to remove the hair from my soap'.

Editor: Linda Pyers

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# Count your blessings.

Lovely daffodils bloom as spring approaches. Thank you each & every one for making this tea so much fun.

*Take time to tiptoe through the tulips and daffodils and taste the tempting treats.* 







Daffodils are beautiful & delightful & the food was delicious at our garden club tea.
A more beautiful tea we have yet to see - a white, a yellow, a pink - a green daffodil.
Family flowers & friends create a lot of fun.
Fields of flowers are a result of spring showers.
Oh! What wonderful flowers to see.
D - is for daffodil a delightful flower to behold.
I like the tea.
Looking ahead to spring and all that it will bring.









**T**enuously they cling to hillside in a timely manner! They arrive in terrific splendor -welcome spring time saying toodle to winter time.

*Every year we marvel at the beauty of friends & flowers.* 

**A** gorgeous - supremely beautiful tea enjoyed by all.







































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#### Thumbs Up



to Linda Waterstraat and Carol Brabrook for organizing an enjoyable Daffodil Tea. Everything seemed to come together so effortlessly (but ofcourse we all know better). We all THANK YOU! Also want to thank everyone else from hostesses, bakers, set-up and clean-up crews. We had 96 in attendance. Each person went home with a door prize or two (thanks to your donations, we had 105 'give a ways'). There was a delightful variety of tea sandwiches and sweets. Helen Turley was a wonderful Mistress of Ceremony; Sue, Diane and Betty organized the raffle (no small task); Tammy, Nancy B, and Pam kept the hot water coming; and Shirley's spray of spring flowers were lovely and welcoming. Thank you to Donna for attaining the Grange. The flower arrangements and samples by members and the LKR Arrangers looked GREAT !!! Thank you to that un-named person for just being a big help. You know who you are. We all look forward to this event and it is a lot of work for so many,



but wasn't it rewarding to see everyone enjoying themselves and each others company. Thank you to the men and women that we able to attend this years TEA Party!

#### Green

**Thumbs Up** to **Jo Douville** for arranging the <u>Spring Thyme Nursery Tour</u> and lunch.



17 members walking the grounds, identifying herbs and perennials & discovering new varieties at the wholesale nursery on Argonaut Road in Lakeport. Everyone found a treasure they just had to purchase and add to their own gardens. Later, we met for lunch at the Live Oak Grill. Loved getting together on the sunny Spring Day!

#### Green

#### Thumbs Up

to **Barbara Swanson** for arranging the <u>Sequoia</u> <u>Floral Shop Field Trip</u> in Santa Rosa. Members (**Ann Blue, June Beto, Barbara Swanson, Jo Jameson, Linda Pyers)** of the Lake Ka-ba-tin Redbud Arrangers traveled to the floral shop to pick up items needed in their flower arranging. It was a fun time, everyone came back loaded with

purchase bags, the weather cooperated, and lunch together with friends of common interest can't be beat.





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# Scholarship honoring Carol Kesey

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CLTTGC is honoring Carol Kesey by awarding one of two \$1.000 scholar-

ships in her name. CLTTGC was organized in September 21, 1955. Carol. a charter member. celebrated her 92nd birthday December 5, 2009. Carol says that in 1955 "instead of being one of the oldest members I was one of the voungest with a baby girl in tow." Carol continues to be a very active member. She enjoys growing and sharing her beautiful

flowers. We are all blessed when we drive by her home and take in the lovely view. Carol helped name the club when a proper name was required in order to enter in the Lake County Fair. Carol has consistently won numerous awards with her show stopping arrangements and individual flower specimen's that she enters in the Fair each year. Carol grows prize winning chrysanthemums which she graciously shares with arrangers participating in the November Chrysanthemum Show free to the public.

Carol is from a family of educators and is aware of the value of a college education and the need for scholarships to aid in reaching that goal. Carol taught at Lakeport Grammar School. Her husband, Bill Kesey (deceased), was Lake County School Superintendent. Their son. Tom Kesey, is a retired Vice President of Mendocino College. Tom's wife, Jane, taught for Ukiah's schools. Tom and Jane's son, Roy Kesey, is an International Teacher and author of several books. Roy has taught in France, Peru, and China. Tom and Jane's 10 year

old granddaughter, Alexandria, following in Great Grandma Carol's footsteps has entered and won awards in Flower Arranging in Ukiah District Fair. She enjoys going through Carol's collection of vases to choose just the right one. Carol's two other children: Jim and Laura are also college graduates with careers in other areas.

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Submitted by Ann Blue

In 1992 CLTTGC established a scholarship fund of \$250 in memory of Elizabeth Whitehead. By 2004 the scholarships fund had grown to its present level of two \$1,000 scholarships.

and literature. They also had wine tasting from Recipe as follows:

Last Sunday afternoon a friend, Rena Clifton and I various wineries and food to eat. We stopped at the went to the Olive Festival in Kelseyville. We were table for the Villa Barone Ranch out of Middletown amazed at the large attendance for this event. Also and tried their olive oil samples. They had an olive quite pleased with the number of different olive oil dip which was quite good and they gave us the growers they had there displaying their olive oils recipe. We all bought small bottles of their olive oil. Enjoy, Nora



# Clear Lake Trowel & Trellis Garden Club

Return mail: Pres Jo Jameson, 1310 Mellor Dr, Lkpt 95453-3406

The club meets at 12:00 pm on the 3rd Tuesday of the month. Scott's Valley Women's Club House 2298 Hendricks Road Lakeport, CA 95453

### Garden Club Affiliates

- National Garden Clubs, Inc. (www.gardenclub.org) National President: Renee Blaschke
- Pacific Region SandraFord@cableone.net Director: Sandy Ford
- **California Garden Club, Inc.** (<u>www.CaliforniaGardenClubs.org</u>) President: Maryanne Lucas
- Mendo-Lake District Garden Club

(www.MendoLakeDistrict.org)



# Enjoy! Enrich! Encourage! Empower!

# Forget-me-nots

<u>April 2010</u> (Consult your Yearbook for Details)

4 Happy Easter!

- 5 FIELD TRIP: Quarry Hill Botanical Garden in Glen Ellen.
- 13 Flower Arrangers-Reflective Design.
- 14 HAPPY BIRTHDAY BETTY SCHMIDT!14 HAPPY BIRTHDAY SUZANNE RUSSELL!
- 20 Regular Business Meeting: Hostesses: Heide, Leanne, Claire. Program to follow: Vector Control.

21 HAPPY BIRTHDAY HEIDE THOMASON!
25 HAPPY BIRTHDAY BARBARA FAIN!

26 National Arbor Day!

Deadline for newsletters articles is the 4th Tuesday. 28 Mendo-Lake District Meeting Hosted by CLTTGC Chairs: Helen Turley & Heide Thoma-

son.

28 HAPPY BIRTHDAY Jane Grabam!

#### <u>May 2010</u>

18 Regular Business Meeting:

BARGAINS! BARGAINS! BARGAINS! Healdsburg Garden Club's PLANT SALE perennials, shrubs, vegetable starts, and more at incredible prices! and LUNCHEON

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Sunday, May 2nd 10 am to 2 pm Villa Chanticleer Annex 1248 N. Fitch Mountain Road, Healdsburg